

# The Boot Inn

## Starters

**Soup of the Day** served with warm crusty bread and croutons - £4.95 (V) (GF\*) (VG\*)

**Creamy Garlic and Stilton Mushrooms** on garlic bread w/salad - £7.45(V)(VG\*)

**Salt n Pepper Chicken wings** with garlic and lemon mayonnaise - £7.45(GF)

**Halloumi and Feta Salad** fried halloumi cheese, fresh feta with fresh beetroot & olive salad £6.95(V)(GF\*)

**Thai Style King Prawns** in our own sweet chilli sauce on iceberg lettuce - £8.45(GF)

## Mains

**Minted Lamb Henry** in a rich gravy, with creamy mash and steamed veg -£18.95(GF\*)

**12oz Gammon Steak** Thick cut gammon, pan fried, served with chips, peas or salad and a choice of egg or pineapple - £16.95 add an extra egg or pineapple for £1 (GF\*)

**Steak and Ale Pie** with a puff pastry lid served with chips and garden peas or veg - £15.95

**Cumberland Sausage** R B Woodall's of Waberthwaite local sausage served with creamy mash, rich onion and Cumberland sauce gravy and topped with steamed cabbage - £13.95

**Cheese and Onion Pie** double crust pie served with chips and veg or peas - £15.95(V)

**Chunky Steak Chilli** cooked in a thick sauce using 4 types of chilli and a little chocolate, served with rice or chips - £15.95(GF\*) **5 Bean Vegan Chilli** - £12.95(VG\*)(GF\*)

**Wholetail Scampi and chips** with peas or salad - £13.95

**Steak of the day/Curry of the day/Fish dishes** – Please see specials board

(VG\*) (GF\*)

**V) = Vegetarian, (GF) = Gluten Free, (GF\*) = Gluten Free Option(N) = Nuts, (VG\*) =vegan option. Please inform staff when Gluten Free/Vegan Option is required!!**

**All 14 allergens are used throughout our kitchen and  
may be present at all stages of cooking and serving.**

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## Children's Menu

All £5.95 served with peas or beans (except for pasta!)

**Pasta with tomato sauce (VG\*)**

**Chicken Nuggets and fries**

**Sausages and Mash (GF\*)**

**Scampi / Fish and Chips**

## Hot desserts (all homemade)

**Sticky Toffee Pudding - £6.45 (GF\*)**

**Sticky Ginger Pudding - £6.45 (GF\*)**

**Double Chocolate Pudding - £6.45**

(Above served with cream, ice cream or custard)

## Cold desserts

**Mixed English Lakes ice cream - £4.50(GF)**

**Mixed Vegan Ice-cream - £6.00**

**Mixed Sorbet -£6.00(GF)(VG)**

**Homemade lemon posset with shortbread and Lemon Sorbet - £6.45(GF\*)**

## Daily Specials

Please see our specials board for today's choice of Fresh Fish dishes, Steak, Curry dishes, Vegan dishes and other specially prepared choices.

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