**The Boot Inn**

**Starters**

**Soup of the Day** served with warm, crusty bread and croutons - £5.95 (V) (GF\*) (VG\*)

**Creamy Garlic and Stilton Mushrooms** on rustic garlic bread - £7.95(V)

**Halloumi and Feta Salad** fried halloumi cheese and feta with fresh beetroot & olive salad £7.95(V)(GF\*)

**Salt n Pepper Chicken Wings** with honey and sriracha chilli glaze - £7.95 (GF)

**Thai Style King Prawns** in our own sweet chilli sauce on iceberg lettuce - £8.95(GF)

**Mains**

**Minted Lamb Henry** in a rich gravy, with creamy mash and seasonal veg- £20.95(GF\*)

**12oz Thick-cut Gammon Steak** Thick cut gammon, pan fried, served with chips, peas or salad and a choice of egg or pineapple - £17.95 add an extra egg or pineapple for £1 (GF\*)

**Steak and Ale Pie** with a puff pastry lid served with chips and garden peas or veg - £16.95

**Cumberland Sausage** R B Woodall’s of Waberthwaite local sausage served with creamy mash, rich onion and Cumberland sauce gravy and topped with steamed cabbage - £14.95

**Cheese and Onion Pie** double crust pieserved with chips and veg or peas - £16.95(V)

**Chunky Steak Chilli** cooked in a thick sauce using 4 types of chilli and a little chocolate, served with rice or chips - £16.95(GF\*) **5 Bean** **Vegan Chilli** - £14.95(VG\*) (GF\*)

**Wholetail Scampi and chips** with peas or salad - £15.95

**Daily specials please see blackboard**

**(V) = Vegetarian, (GF) = Gluten Free, (GF\*) = Gluten Free Option(N) = Nuts, (VG\*) =vegan option. Please inform staff when Gluten Free/Vegan Option is required!!**

**All 14 allergens are used throughout our kitchen and**

**may be present at all stages of cooking and serving.**

**The Boot Inn**

**Children’s Menu**

All £6.45 served with peas or beans (except for pasta!)

**Pasta with tomato sauce** (VG\*)

**Chicken Nuggets and fries**

**Sausages and Mash** (GF\*)

**Scampi / Fish and Chips**

**Hot desserts (all homemade)**

**Sticky Toffee Pudding** - £6.95 (GF\*)

**Sticky Ginger Pudding** - £6.95 (GF\*)

**Double Chocolate Pudding** - £6.95

(Above served with cream, ice cream or custard)

**Cold desserts**

**Mixed English Lakes ice cream** - £4.50(GF)

**Mixed Vegan Ice-cream** - £6.00

**Mixed** **Sorbet** -£6.00(GF)(VG)

**Homemade lemon posset** with shortbread and Lemon Sorbet - £6.95(GF\*)

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